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**ELASTIC & NEOPRENE
WRIST BRACES**



Life Without Limitations

6” Grey Elastic Wrist Brace*

Left Part #	Right Part #	Size	Fits Wrist Circ.
207082	207072	XSmall	5.25” - 6.25”
207083	207073	Small	6.25” - 7.25”
207085	207075	Medium	7.25” - 8”
207087	207077	Large	8” - 9”
207088	207078	XLarge	9” - 10”

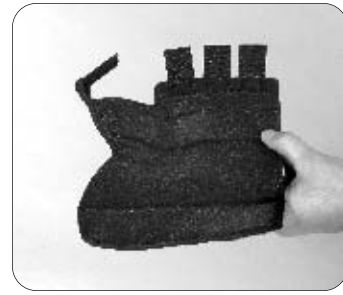
6” Black Elastic Wrist Brace*

Left Part #	Right Part #	Size	Fits Wrist Circ.
307082	307072	XSmall	5.25” - 6.25”
307083	307073	Small	6.25” - 7.25”
307085	307075	Medium	7.25” - 8”
307087	307077	Large	8” - 9”
307088	307078	XLarge	9” - 10”

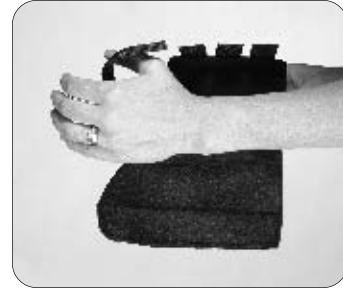
7” Neoprene Wrist Brace*

Left Part #	Right Part #	Size	Fits Wrist Circ.
207283	207273	Small	6.25” - 7.25”
207285	207275	Medium	7.25” - 8”
207287	207277	Large	8” - 9”
207088	207278	XLarge	9” - 10”

* Add the healing properties of safe Hot/Cold Therapy to your Grey Elastic wrist brace and Neoprene wrist braces. Simply add an E before the part# when ordering.



1



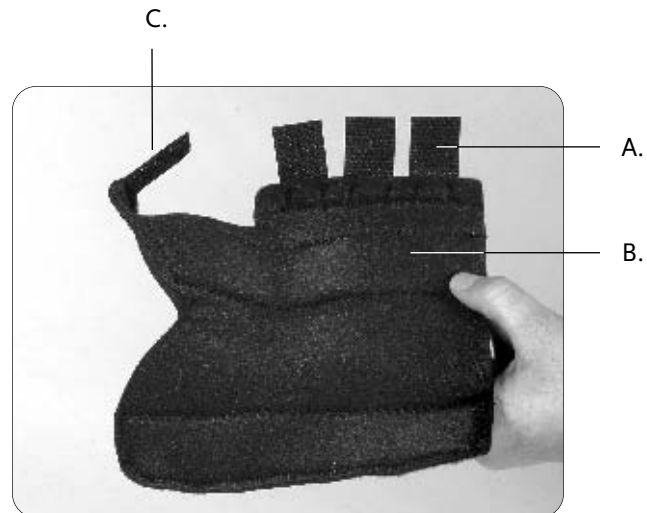
2



3



4



Elastic and Neoprene Wrist Brace

USES

Tendonitis, Carpal Tunnel Syndrome, arthritis, strains and sprains, post cast healing and other selected injuries.

CAUTION

Patients should be instructed to inspect their hand, wrist, and product before and after each use.

PHOTO CAPTIONS

- A. Adjustable contact closure straps
- B. Adjustable palmar stay
- C. Webspace strap

FITTING INSTRUCTIONS

1. Undo all contact closure straps.
2. Place hand into the support. Ensure that the web space strap is placed between thumb and index finger.
3. Align the palmar stay to the palm of the hand. Adjustments on the aluminum palmar stay can be performed by a certified medical professional.
4. Fasten all contact closure straps and secure to a snug fit. Adjustments may be necessary as hand, wrist and thumb swelling patterns change. Straps may be cut to reduce the bulk.

HOT/COLD THERAPY

1. For cold therapy, remove gel pad from brace and place into a freezer for approximately 20 minutes to 1 hour. To reduce swelling, apply directly to the skin with arm elevated for 20 minutes.
2. For hot therapy, remove gel pad from brace and place in microwave oven for 20 second intervals at low setting until hot. Do not use oven or flame to heat the gel pad. Do not apply heated gel pad directly to skin. If too hot, allow to cool before applying.
3. Once gel pad is hot or cold, use contact closure tabs to adhere it into the brace to continue therapy. Diabetics and patients with vascular insufficiencies must always consult a physician before using hot/cold therapy

WASHING INSTRUCTIONS

1. This product may be cleaned using a mild detergent and cold water. Aluminum stay should be removed for cleaning. Do not use bleach or strong detergents. Do not wash in washing machine.
2. Lay brace out flat on a towel and air dry. Do not squeeze or wring out the brace. Do not place in dryer or near heater.