

3 Bledsoe

AXIOM Ankle Brace

Application Instructions CP020192 Rev A 04/08



Stable...yet flexible.
Support...without restriction.
Seamless fit in the shoe...and on the ankle.
Low ankle/high ankle protection.





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Step 1: Detach Over-Center Buckles

Open the over-center buckles by pinching the two gray tabs on the buckles.

2.





Step 2: Place in Shoe

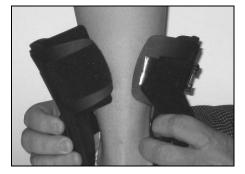
- a. Place brace in the shoe. It can be placed on top of the shoe's innersole or under a thin innersole.
- b. Tilt the uprights back toward the heel.

3.



Step 3: Place Foot into the Shoe
With the shoe fully unlaced, slip foot into
the shoe.

4

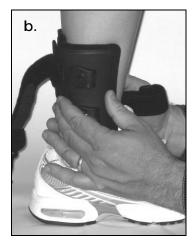


Step 4: Detach the Uprights

Detach the hook and loop fastener at the back of the calf where the two uprights are held together.

5.

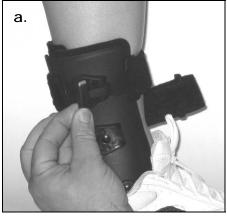




Step 5: Position the Uprights

- a. Align the medial upright with the ankle bone.
- b. While holding the medial upright, align the lateral upright and attach the hook and loop fastener at the back of the calf.

6.

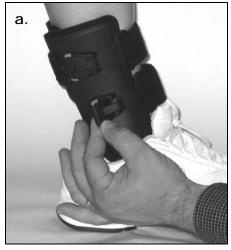




Step 6: Fasten Upper Strap

- a. Wrap the upper strap around the leg and connect the over-center buckle.
- b. Adjust the strap tension using the hook to pile fastener at the strap end.







Step 7: Fasten Lower Strap

- a. Connect the over-center buckle on the opposite upright.
- b. Adjust the strap tension using the hook to pile fastener at the strap end.

Ankle Brace Sizing

_	Men's	Women's	Euro	Brace Size
	up to $7^{1}/_{2}$	up to 9	upto 40	S
	8 - 111/2	91/2 - 13	40.5 - 44.5	M
	12+	13 ¹ / ₂ +	45+	L

Note: If your shoe size is close to the border between ankle brace sizes, choose the smaller size if your foot is narrow, and choose the larger size if your foot is wide or your ankles are wide or prominent.

This device is offered for sale or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient.

Indications: Indicated to increase support in the inversion and eversion control of chronically unstable ankles, and for increased inversion and eversion control for grade 1 and 2 acutely sprained ankles where dorsi-flexion and planter-flexion is permissible and inflammation is under control.

Warning: Do not leave this device in the trunk of a car on a hot day or in any other place where temperatures may exceed 150° F (65° C) for any extended period of time. If any additional pain or symptoms occur whole using this device, discontinue use and seek medical attention.

Contraindications: Contraindicated for immediate application to acute grade 3 ankle sprains where plantar-flexion and dorsi-flexion is not desirable or permissible. Application is appropriate after inflammation has been controlled and plantar-flexion and dorsi-flexion is again possible starting in the early weight bearing phase of rehabilitation.

Warranty: This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse, or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained from your medical professional, via the internet at www.BledsoeBrace.com, or by calling 1.888.BLEDSOE (253.3763).

For product information or questions pertaining to sales or service, please contact the national distributor in your area or the manufacturer.

Manufactured by:

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